瑪利諾神父教會學校
Tel : (852) 2777 5117
Fax : (852) 2778 5871
Email: mail@mfs.edu.hk

Maryknoll Fathers' School
2 To Yuen Street
Tai Hang Tung
Kowloon, Hong Kong

Circular No.: G098/2627

"E-Generation: Joyful & Healthy Digital Journey Parent Seminar (2): Enjoy the AI Era Together X Fostering Healthy Digital Use with Your Child"

25th November 2026

Dear Parents/Guardians,

We are pleased to inform you that the Education Bureau, Hong Kong Education City (EdCity), and the Committee on Home-School Co-operation (CHSC) are co-organising an online parent seminar titled **"e-Generation: Joyful & Healthy Digital Journey Parent Seminar (2): Enjoy the AI Era Together X Fostering Healthy Digital Use with Your Child"**.

This seminar explores parenting challenges in the AI era, guiding parents to leverage online resources to enhance children's AI literacy and self-directed learning via Self-Determination Theory. It also addresses internet addiction's impact on emotional and family well-being, offering practical tips for healthy digital habits. Details are as follows:

The details of the seminar are as follows:

- Date: 27th November 2026 (Friday)
- Time: 8:00 p.m. – 9:30 p.m.
- Format: Online Seminar (Available in both Cantonese and English sessions)
- Target Audience: Parents
- Fee: Free of charge
- Speakers & Topics:

1. Topic 1: How Parents Can Apply Educational Psychology Theories to Address Challenges in the AI Era
   Speaker: Dr. Wong Lai Fong (Partner Development Manager, Hong Kong Education City)
2. Topic 2: From Understanding Internet Addiction to Healthy Digital Use
   Speaker: Dr. Chan Kai Tai (Clinical Professional Consultant & Adjunct Associate Professor, Department of Psychiatry, Faculty of Medicine, The Chinese University of Hong Kong)

- Registration Deadline: 27th November 2026 (Friday) at 7:30 p.m.
- Event Website: https://info.edcity.hk/zh/event/12323

Parents are cordially invited to participate in this online seminar. Please register directly via the official website above, and kindly reply to the school e-Notice / return the reply slip on or before 26th November 2026 for school record.

For any enquiries regarding the seminar, you may contact Ms. Ng at 2624 1078 or via email at carman.ng@hkecl.net. For school-related enquiries, please contact please contact Ms. Li Shun Wah, or Ms. Yip Tak Nam at 2777 5117.

Yours faithfully,

Yuen Cheung-oi
Principal

瑪利諾神父教會學校
Tel : (852) 2777 5117
Fax : (852) 2778 5871
Email: mail@mfs.edu.hk



Maryknoll Fathers' School
2 To Yuen Street
Tai Hang Tung
Kowloon, Hong Kong

Reply Slip

I am the parent/guardian of _____ (Student Name) in Class _____. I have read and understood the details of the school circular, and will **consider registering for the online parent seminar on my own**.

'Each one of you has received a special grace, so like good stewards responsible for all these varied graces of God, put it at the service of others.' (1 Peter 4:10)

瑪利諾神父教會學校
Tel： (852) 2777 5117
Fax： (852) 2778 5871
Email: mail@mfs.edu.hk

Maryknoll Fathers' School
2 To Yuen Street
Tai Hang Tung
Kowloon, Hong Kong

通告編號：G098/2627

敬啟者：

「e世代網『樂』健行家長講座（二）親子樂遊AI時代　齊享健康數碼使用」

教育局將聯同香港教育城及家庭與學校合作事宜委員會，合辦「e世代網『樂』健行家長講座（二）親子樂遊AI時代　齊享健康數碼使用」家長講座。
是次講座旨在與家長一同探討人工智能普及下的育兒挑戰，引導家長如何善用網上資源，在提升子女人工智能素養的同時，培養其自主學習能力，並應用教育心理學的「自我決定論」以增強子女的學習動機；同時探討網絡成癮問題如何影響孩子的情緒健康、社交關係及家庭生活，並藉生活化例子協助家長培養子女健康的數碼習慣。講座詳情如下：

- 日期： 2026年11月27日（星期五）
- 時間： 下午8時正至9時30分
- 形式： 網上講座（設粵語場次及英語場次）
- 對象： 學校家長
- 費用： 全免
- 講者及講題：

1. 講題一： 家長如何應用教育心理學理論迎應AI時代的挑戰
   講者： 黃麗芳博士（香港教育城夥伴發展經理）
2. 講題二： 從了解網絡成癮到健康數碼使用
   講者： 陳啟泰醫生（香港中文大學醫學院臨床專業顧問及精神科專業應用副教授〔禮任〕）

- 截止報名日期： 2026年11月27日 下午7時30分
- 活動詳情及報名網址：https://info.edcity.hk/zh/event/12323

茲誠邀　台端踴躍參與是次網上講座。家長可逕自登入上述網址報名，並請於2026年11月26日或之前填妥電子回條回覆，以便校方統計。
如對講座內容有任何查詢，可電郵至carman.ng@hkecl.net或致電2624 1078與吳小姐聯絡；如對校務安排有查詢，　台端請致電2777 5117與李舜華副校長或葉德藍老師聯絡。

此致

各位家長/監護人

瑪利諾神父教會學校校長

阮章凱　　謹啟

二零二六年十一月二十五日

瑪利諾神父教會學校
Tel： (852) 2777 5117
Fax： (852) 2778 5871
Email: mail@mfs.edu.hk

Maryknoll Fathers' School
2 To Yuen Street
Tai Hang Tung
Kowloon, Hong Kong

敬覆者：

「e 世代網『樂』健行家長講座（二）親子樂遊 AI 時代　齊享健康數碼使用」

回條

本人為就讀_____班（填上班別）_____（填上學生姓名）的家長，已細閱　貴校發出之有關通告，本人已知悉上述通告內容及講座詳情，並會**自行決定是否報名參加**。

此覆

瑪利諾神父教會學校校長

家長 / 監護人

謹啟

二零二六年　月　日

各人應依照自己所領受的神恩，彼此服事，善做天主各種恩寵的管理員。（伯前 4:10）